

November 2023 – Monthly Schedule – Derwentside Patch

Please contact staff for more information on these sessions

Mon	Tues	Wed	Thurs	Fri
		<p>1 <u>Drop-in Group</u></p> <p>Glenroyd House, Consett, DH8 5HL</p> <p>10am- 4pm</p> <p>Stephen Ingram – 07739303106</p> <p>Joslyn Wrightson – 07384834550</p> <p>Alex Laidler - 07435764017</p> <p>Board Games, Crafts, HAP, Quiz and General group discussions.</p>	<p>2 <u>Out & about Activity</u></p> <p>Meet at The Company Row (Wetherspoons), Consett DH8 5BQ</p> <p>11am-3pm</p> <p>Stephen Ingram – 07739303106</p>	<p>3 <u>Fitness for Fun</u></p> <p>Glenroyd House, Consett, DH8 5HL</p> <p>Exercise & Relaxation</p> <p>9am-10.30am</p> <p>Joslyn Wrightson – 07384834550</p> <p>.....</p> <p><u>Walkabout</u></p> <p>Meet at Glenroyd House, Consett, DH8 5HL for walk in Consett area</p> <p>11am-12.30pm</p> <p>Stephen Ingram- 07739303106</p> <p>.....</p> <p><u>Jubilee Court Community Garden</u></p> <p>Jubilee Court, Moorside, Consett, DH8 8EH</p> <p>1.30pm – 3.30pm</p> <p>Jen Davis- 07586722067</p> <p>Alex Laidler- 07435764017</p>

<p>6 <u>Drop-in Group</u></p> <p>Glenroyd House, Consett, DH8 5HL</p> <p>10am- 4pm</p> <p>Stephen Ingram – 07739303106</p> <p>Joslyn Wrightson – 07384834550</p> <p>Alex Laidler - 07435764017</p> <p>Board Games, Arts & Crafts, HAP and General group discussions.</p>	<p>7 <u>Walkabout</u></p> <p>Meet at Glenroyd House, Consett, DH8 5HL for walk in Consett area</p> <p>9am-10.30am</p> <p>Stephen Ingram – 07739303106</p> <p><u>Fitness for Fun</u></p> <p>Consett Leisure Centre, DH8 5HU</p> <p>Swimming- £4.40 (Non-Thrive Card Holder) £4.00 (Thrive Card Holder) £3.00 (Over 60's) £12.00 (Group up to 4 people)</p> <p>10.45am to 12.15pm</p> <p>Alex Laidler- 07435764017</p> <p>Joslyn Wrightson – 07384834550</p> <p><u>Drama Group Consett</u></p> <p>Glenroyd House, Consett, DH8 5HL</p> <p>1pm-3pm</p> <p>Stephen Ingram – 07739303106</p> <p><u>Jubilee Court Community Garden</u></p> <p>Jubilee Court, Moorside, Consett, DH8 8EH</p> <p>1.30pm – 3.30pm</p>	<p>8 <u>Drop-in Group</u></p> <p>Glenroyd House, Consett, DH8 5HL</p> <p>10am- 4pm</p> <p>Stephen Ingram – 07739303106</p> <p>Joslyn Wrightson – 07384834550</p> <p>Alex Laidler - 07435764017</p> <p>Board Games, Crafts, HAP, Quiz and General group discussions.</p>	<p>9 <u>Out & about Activity</u></p> <p>Meet at Consett Bus station DH8 5AP then travel to Hexham via public transport</p> <p>9.30am-4.30pm</p> <p>Stephen Ingram – 07739303106</p> <p>Please note in event of planned bus strikes then to meet at Consett Bus station DH8 5AP for either The Company Row (Wetherspoons), Consett DH8 5BQ or walk down to Howngill Tea Rooms, Consett, DH8 9AA (Weather permitting)</p> <p>11am-3pm</p> <p>Stephen Ingram – 07739303106</p>	<p>10 <u>Fitness for Fun</u></p> <p>Glenroyd House, Consett, DH8 5HL</p> <p>Exercise & Relaxation</p> <p>9am-10.30am</p> <p>Joslyn Wrightson – 07384834550</p> <p><u>Walkabout</u></p> <p>Meet at Glenroyd House, Consett, DH8 5HL for walk in Consett area</p> <p>11am-12.30pm</p> <p>Stephen Ingram- 07739303106</p> <p><u>Jubilee Court Community Garden</u></p> <p>Jubilee Court, Moorside, Consett, DH8 8EH</p> <p>1.30pm – 3.30pm</p> <p>Jen Davis- 07586722067 Alex Laidler- 07435764017</p> <p><u>Home Achievement Programme (HAP)</u></p> <p>Session to discuss modules, enrol customers and support existing customers.</p> <p>1pm-3pm</p> <p>Waddington Street Centre, 3 Waddington Street, Durham City, DH1 4BG,</p>
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	<p>Jen Davis- 07586722067</p> <p>Alex Laidler- 07435764017</p>			<p>Linda Henderson- 07730761547</p>
<p>13 <u>Drop-in Group</u></p> <p>Glenroyd House, Consett, DH8 5HL</p> <p>10am- 4pm</p> <p>Stephen Ingram 07739303106</p> <p>Joslyn Wrightson 07384834550</p> <p>Alex Laidler 07435764017</p> <p>Board Games, Arts & Crafts, HAP and General group discussions.</p>	<p>14 <u>Walkabout</u></p> <p>Meet at Glenroyd House, Consett, DH8 5HL for walk in Consett area</p> <p>9am-10.30am</p> <p>Stephen Ingram- 07739303106</p> <p>.....</p> <p>.....</p> <p><u>Fitness for Fun</u></p> <p>Consett Leisure Centre, DH8 5HU</p> <p>Swimming- £4.40 (Non-Thrive Card Holder) £4.00 (Thrive Card Holder) £3.00 (Over 60's) £12.00 (Group up to 4 people)</p> <p>10.45am to 12.15pm</p> <p>Alex Laidler- 07435764017</p> <p>Joslyn Wrightson – 07384834550</p> <p>.....</p> <p>.....</p> <p><u>Drama Group Consett</u></p> <p>Glenroyd House, Consett, DH8 5HL</p> <p>1pm-3pm</p> <p>Stephen Ingram – 07739303106</p> <p>.....</p> <p>.....</p> <p><u>Jubilee Court Community Garden</u></p>	<p>15 <u>Drop-in Group</u></p> <p>Glenroyd House, Consett, DH8 5HL</p> <p>10am- 4pm</p> <p>Stephen Ingram – 07739303106</p> <p>Joslyn Wrightson – 07384834550</p> <p>Alex Laidler - 07435764017</p> <p>Board Games, Crafts, HAP, Quiz and General group discussions.</p>	<p>16 <u>Out & about Activity</u></p> <p>Meet at The Company Row (Wetherspoons), Consett DH8 5BQ</p> <p>11am-3pm</p> <p>Stephen Ingram – 07739303106</p>	<p>17 <u>Fitness for Fun</u></p> <p>Glenroyd House, Consett, DH8 5HL Gentle exercise & relaxation</p> <p>9am-10.30am</p> <p>Joslyn Wrightson – 07384834550</p> <p>.....</p> <p>.....</p> <p><u>Walkabout</u></p> <p>Meet at Glenroyd House, Consett, DH8 5HL for walk in Consett area</p> <p>11am-12.30pm</p> <p>Stephen Ingram- 07739303106</p> <p>.....</p> <p>.....</p> <p><u>Jubilee Court Community Garden</u></p> <p>Jubilee Court, Moorside, Consett, DH8 8EH</p> <p>1.30pm – 3.30pm</p> <p>Jen Davis- 07586722067</p> <p>Alex Laidler- 07435764017</p>

	<p>Jubilee Court, Moorside, Consett, DH8 8EH</p> <p>1.30pm – 3.30pm</p> <p>Jen Davis- 07586722067</p> <p>Alex Laidler- 07435764017</p>			
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<p>20 <u>Drop-in Group</u></p> <p>Glenroyd House, Consett, DH8 5HL</p> <p>10am- 4pm</p> <p>Stephen Ingram 07739303106</p> <p>Joslyn Wrightson 07384834550</p> <p>Alex Laidler 07435764017</p> <p>Board Games, Arts & Crafts, HAP and General group discussions.</p>	<p>21 <u>Walkabout</u></p> <p>Meet at Glenroyd House, Consett, DH8 5HL for walk in Consett area</p> <p>9am-10.30am</p> <p>Stephen Ingram- 07739303106</p> <p>.....</p> <p><u>Fitness for Fun</u></p> <p>Consett Leisure Centre, DH8 5HU</p> <p>Swimming- £4.40 (Non-Thrive Card Holder) £4.00 (Thrive Card Holder) £3.00 (Over 60's) £12.00 (Group up to 4 people)</p> <p>10.45am to 12.15pm</p> <p>Alex Laidler- 07435764017</p> <p>Joslyn Wrightson – 07384834550</p> <p>.....</p> <p><u>Drama Group Consett</u></p> <p>Glenroyd House, Consett, DH8 5HL</p> <p>1pm-3pm</p> <p>Stephen Ingram – 07739303106</p> <p>.....</p> <p><u>Jubilee Court Community Garden</u></p> <p>Jubilee Court, Moorside, Consett, DH8 8EH</p> <p>1.30pm – 3.30pm</p> <p>Jen Davis- 07586722067</p>	<p>22 <u>Drop-in Group</u></p> <p>Glenroyd House, Consett, DH8 5HL</p> <p>10am- 4pm</p> <p>Stephen Ingram – 07739303106</p> <p>Joslyn Wrightson – 07384834550</p> <p>Alex Laidler - 07435764017</p> <p>Board Games, Arts & Crafts, HAP and General group discussions.</p>	<p>23 <u>Out & about Activity</u></p> <p>Meet at Consett Bus station DH8 5AP then travel to Newcastle via public transport</p> <p>8.20am-4.30pm</p> <p>Stephen Ingram- 07739303106</p> <p>Please note in event of planned bus strikes then to meet at Consett Bus station DH8 5AP for either The Company Row (Wetherspoons), Consett DH8 5BQ or walk down to Howns Gill Tea Rooms, Consett, DH8 9AA (Weather permitting)</p> <p>11am-3pm</p> <p>Stephen Ingram – 07739303106</p> <p>30 <u>Out & about Activity</u></p>	<p>24 <u>Fitness for Fun</u></p> <p>Glenroyd House, Consett, DH8 5HL Gentle exercise & relaxation</p> <p>9am-10.30am</p> <p>Joslyn Wrightson – 07384834550</p> <p>.....</p> <p><u>Walkabout</u></p> <p>Meet at Glenroyd House, Consett, DH8 5HL for walk in Consett area</p> <p>11am-12.30pm</p> <p>Stephen Ingram- 07739303106</p> <p>.....</p> <p><u>Jubilee Court Community Garden</u></p> <p>Jubilee Court, Moorside, Consett, DH8 8EH</p> <p>1.30pm – 3.30pm</p> <p>Jen Davis- 07586722067</p> <p>Alex Laidler- 07435764017</p> <p>.....</p> <p><u>Home Achievement Programme (HAP)</u></p> <p>Session to discuss modules, enrol customers and support existing customers.</p> <p>1pm-3pm</p> <p>Waddington Street Centre, 3 Waddington Street, Durham City, DH1 4BG,</p> <p>Linda Henderson- 07730761547</p>
<p>27 <u>Drop-in Group</u></p>	<p>Jen Davis- 07586722067</p>			

<p>Glenroyd House, Consett, DH8 5HL</p> <p>10am- 4pm</p> <p>Stephen Ingram 07739303106</p> <p>Joslyn Wrightson 07384834550</p> <p>Alex Laidler 07435764017</p> <p>Board Games, Arts & Crafts, HAP and General group discussions.</p>	<p>Alex Laidler- 07435764017</p> <p>28 Walkabout</p> <p>Meet at Glenroyd House, Consett, DH8 5HL for walk in Consett area</p> <p>9am-10.30am</p> <p>Stephen Ingram- 07739303106</p> <p>.....</p> <p>Fitness for Fun</p> <p>Consett Leisure Centre, DH8 5HU</p> <p>Swimming- £4.40 (Non-Thrive Card Holder) £4.00 (Thrive Card Holder) £3.00 (Over 60's) £12.00 (Group up to 4 people)</p> <p>10.45am to 12.15pm</p> <p>Alex Laidler- 07435764017</p> <p>Joslyn Wrightson – 07384834550</p> <p>.....</p> <p>Drama Group Consett</p> <p>Glenroyd House, Consett, DH8 5HL</p> <p>1pm-3pm</p> <p>Stephen Ingram – 07739303106</p> <p>.....</p> <p>Jubilee Court Community Garden</p> <p>Jubilee Court, Moorside, Consett, DH8 8EH</p>	<p>29 Drop-in Group</p> <p>Glenroyd House, Consett, DH8 5HL</p> <p>10am- 4pm</p> <p>Stephen Ingram – 07739303106</p> <p>Joslyn Wrightson – 07384834550</p> <p>Alex Laidler - 07435764017</p> <p>Board Games, Arts & Crafts, HAP and General group discussions.</p>	<p>Meet at The Company Row (Wetherspoons), Consett DH8 5BQ</p> <p>11am-3pm</p> <p>Stephen Ingram – 07739303106</p>	
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1.30pm – 3.30pm

Jen Davis- 07586722067

Alex Laidler- 07435764017