





## November 2023 – Monthly Schedule – Derwentside Patch

## Please contact staff for more information on these sessions

Mon	Tues	Wed	Thurs	Fri
		1	2	3
		Drop-in Group	Out & about Activity	Fitness for Fun
		Glenroyd House,	Meet at The Company	Glenroyd House, Consett, DH8 5HL
		Consett, DH8 5HL	Row (Wetherspoons),	
		100-00-00-00	Consett DH8 5BQ	Exercise & Relaxation
		10am- 4pm	11.000 2000	0.000 10 20.000
		Stephen Ingram –	11am-3pm	9am-10.30am
		07739303106	Stephen Ingram –	Joslyn Wrightson – 07384834550
		Joslyn Wrightson –	07739303106	
		07384834550		
		Alex Laidler -		waikabout
		07435764017		Meet at Glenroyd House, Consett, DH8 5HL for
				walk in Consett area
		Board Games, Crafts,		11am-12.30pm
		HAP, Quiz and General group discussions.		114m-12.50pm
				Stephen Ingram- 07739303106
				Jubilee Court Community Garden
				Subject court community ourden
				Jubilee Court, Moorside, Consett, DH8 8EH
				1.30pm – 3.30pm
				Jen Davis- 07586722067
				Alex Laidler- 07435764017

6	7	8	9	10
<u>Drop-in Group</u>	Walkabout	Drop-in Group	Out & about Activity	Fitness for Fun
Glenroyd House, Consett, DH8 5HL	Meet at Glenroyd House, Consett, DH8 5HL for walk in Consett area	Glenroyd House, Consett, DH8 5HL	Meet at Consett Bus station DH8 5AP then	Glenroyd House, Consett, DH8 5HL
10am- 4pm	9am-10.30am	10am- 4pm	travel to Hexham via public transport	Exercise & Relaxation
Stephen Ingram –	Stephen Ingram – 07739303106	Stephen Ingram –	9.30am-4.30pm	9am-10.30am
07739303106		07739303106		Joslyn Wrightson – 07384834550
Joslyn Wrightson –	Fitness for Fun	Joslyn Wrightson –	Stephen Ingram – 07739303106	
07384834550	Consett Leisure Centre, DH8 5HU	07384834550	Please note in event of	<u>Walkabout</u>
Alex Laidler - 07435764017	Swimming- £4.40 (Non-Thrive Card Holder) £4.00 (Thrive Card Holder)	Alex Laidler - 07435764017	planned bus strikes then to meet at Consett Bus station	Meet at Glenroyd House, Consett, DH8 5HL for walk in Consett area
Board Games, Arts	£3.00 (Over 60's) £12.00 (Group up to 4 people)	Board Games, Crafts, HAP, Quiz and General	DH8 5AP for either The Company Row	11am-12.30pm
& Crafts, HAP and General group	10.45am to 12.15pm	group discussions.	(Wetherspoons), Consett DH8 5BQ or	Stephen Ingram- 07739303106
discussions.	Alex Laidler- 07435764017		walk down to Hownsgill Tea Rooms,	Jubilee Court Community Garden
	Joslyn Wrightson – 07384834550		Consett, DH8 9AA (Weather permitting)	Jubilee Court, Moorside, Consett, DH8 8EH
	······		11am-3pm	1.30pm – 3.30pm
	Drama Group Consett Glenroyd House, Consett, DH8 5HL		Stephen Ingram – 07739303106	Jen Davis- 07586722067 Alex Laidler- 07435764017
	1pm-3pm			 Home Achievement Programme (HAP)
	Stephen Ingram – 07739303106			Session to discuss modules, enrol customers and support existing customers.
	Jubilee Court Community Garden			1pm-3pm
	Jubilee Court, Moorside, Consett, DH8 8EH			Waddington Street Centre, 3 Waddington
	1.30pm – 3.30pm			Street, Durham City, DH1 4BG,

	Jen Davis- 07586722067			Linda Henderson- 07730761547
	Alex Laidler- 07435764017			
13	14	15	16	17
Drop-in Group	Walkabout	Drop-in Group	Out & about Activity	Fitness for Fun
Glenroyd House, Consett, DH8 5HL	Meet at Glenroyd House, Consett, DH8 5HL for walk in Consett area	Glenroyd House, Consett, DH8 5HL	Meet at The Company Row (Wetherspoons), Consett DH8 5BQ	Glenroyd House, Consett, DH8 5HL Gentle exercise & relaxation
10am- 4pm	9am-10.30am	10am- 4pm	11am-3pm	9am-10.30am
Stephen Ingram 07739303106	Stephen Ingram- 07739303106	Stephen Ingram – 07739303106	Stephen Ingram – 07739303106	Joslyn Wrightson – 07384834550
Joslyn Wrightson 07384834550	Fitness for Fun	Joslyn Wrightson – 07384834550		<u>Walkabout</u>
Alex Laidler	Consett Leisure Centre, DH8 5HU	Alex Laidler - 07435764017		Meet at Glenroyd House, Consett, DH8 5HL for walk in Consett area
07435764017	Swimming- £4.40 (Non-Thrive Card Holder) £4.00 (Thrive Card Holder)			11am-12.30pm
Board Games, Arts & Crafts, HAP and General group	£3.00 (Over 60's) £12.00 (Group up to 4 people)	Board Games, Crafts, HAP, Quiz and General group discussions.		Stephen Ingram- 07739303106
discussions.	10.45am to 12.15pm			Jubilee Court Community Garden
	Alex Laidler- 07435764017			Jubilee Court, Moorside, Consett, DH8 8EH
	Joslyn Wrightson – 07384834550			1.30pm – 3.30pm
	Drama Group Consett			Jen Davis- 07586722067
	Glenroyd House, Consett, DH8 5HL			Alex Laidler- 07435764017
	1pm-3pm			
	Stephen Ingram – 07739303106			
	Jubilee Court Community Garden			

Jubilee Court, Moorside, Consett, DH8 8EH		
1.30pm – 3.30pm		
Jen Davis- 07586722067		
Alex Laidler- 07435764017		

20	21	22	23	24
Drop-in Group	Walkabout	Drop-in Group	Out & about Activity	Fitness for Fun
Clanroyd House	Most at Clanroyd House, Consett, DHS FHI for walk in	Clanroyd House	Meet at Consett Bus	Clearcourd House Consett DHS EHI
Glenroyd House,	Meet at Glenroyd House, Consett, DH8 5HL for walk in	Glenroyd House,		Glenroyd House, Consett, DH8 5HL
Consett, DH8 5HL	Consett area	Consett, DH8 5HL	station DH8 5AP then	Gentle exercise & relaxation
			travel to Newcastle via	
10am- 4pm	9am-10.30am	10am- 4pm	public transport	9am-10.30am
Stephen Ingram	Stephen Ingram- 07739303106	Stephen Ingram –	8.20am-4.30pm	Joslyn Wrightson – 07384834550
07739303106		07739303106		, ,
07733303100		07739303100	Stephen Ingram	
La alema Matalaka ang			Stephen Ingram-	
Joslyn Wrightson	Fitness for Fun	Joslyn Wrightson –	07739303106	<u>Walkabout</u>
07384834550		07384834550		
	Consett Leisure Centre, DH8 5HU		Please note in event of	Meet at Glenroyd House, Consett, DH8 5HL for
Alex Laidler		Alex Laidler -	planned bus strikes	walk in Consett area
07435764017	Swimming- £4.40 (Non-Thrive Card Holder)	07435764017	then to meet at	
	£4.00 (Thrive Card Holder)		<b>Consett Bus station</b>	11am-12.30pm
Board Games, Arts	£3.00 (Over 60's)	Board Games, Arts &	DH8 5AP for either The	
& Crafts, HAP and	£12.00 (Group up to 4 people)	Crafts, HAP and	Company Row	Stephen Ingram- 07739303106
General group		General group	(Wetherspoons),	
discussions.	10.45am to 12.15pm	discussions.	Consett DH8 5BQ or	
uiscussions.	10.45am to 12.15pm	discussions.	walk down to	Jubilee Court Community Garden
				Junice court community Garden
	Alex Laidler- 07435764017		Hownsgill Tea Rooms,	Jubilee Court, Moorside, Consett, DH8 8EH
			Consett, DH8 9AA	Jublice Court, Moorside, Consett, Drio 821
	Joslyn Wrightson – 07384834550		(Weather permitting)	1.20mm
				1.30pm – 3.30pm
			11am-3pm	
	Drama Group Consett			Jen Davis- 07586722067
			Stephen Ingram –	
	Glenroyd House, Consett, DH8 5HL		07739303106	Alex Laidler- 07435764017
	1pm-3pm			
	Thu-Shu			Home Achievement Programme (HAP)
	Stanken Ingram 07730303100			
	Stephen Ingram – 07739303106			Session to discuss modules, enrol customers
				and support existing customers.
	Jubilee Court Community Garden			1pm-3pm
	Jubiles Court Meanside, Consett, DUC CTU			
77	Jubilee Court, Moorside, Consett, DH8 8EH		30	Waddington Street Centre, 3 Waddington
27			Out & about Activity	Street, Durham City, DH1 4BG,
<u>Drop-in Group</u>	1.30pm – 3.30pm			Succi, Duniani City, Drif 400,
				Linda Handaman, 07720764547
	Jen Davis- 07586722067			Linda Henderson- 07730761547

Glenroyd House,			Meet at The Company	
Consett, DH8 5HL	Alex Laidler- 07435764017	29	Row (Wetherspoons),	
		Drop-in Group	Consett DH8 5BQ	
10am- 4pm	28			
•	Walkabout	Glenroyd House,	11am-3pm	
Stephen Ingram		Consett, DH8 5HL		
07739303106	Mast at Clannovd Haves, Consett, DHR FHL for welk in	consett, bho she	Stephen Ingram –	
07739303100	Meet at Glenroyd House, Consett, DH8 5HL for walk in			
	Consett area	10am- 4pm	07739303106	
Joslyn Wrightson				
07384834550	9am-10.30am	Stephen Ingram –		
		07739303106		
Alex Laidler	Stephen Ingram- 07739303106			
07435764017		Joslyn Wrightson –		
		07384834550		
Beend Comes Arts	Eitease for Eur	07304834330		
Board Games, Arts	Fitness for Fun			
& Crafts, HAP and		Alex Laidler -		
General group	Consett Leisure Centre, DH8 5HU	07435764017		
discussions.				
	Swimming- £4.40 (Non-Thrive Card Holder)	Board Games, Arts &		
	£4.00 (Thrive Card Holder)	Crafts, HAP and		
	£3.00 (Over 60's)	General group		
	£12.00 (Group up to 4 people)	discussions.		
	10.45am to 12.15pm			
	Alex Laidler- 07435764017			
	Joslyn Wrightson – 07384834550			
	Drama Group Consett			
	Glenroyd House, Consett, DH8 5HL			
	1pm-3pm			
	Stephen Ingram – 07739303106			
	Jubilee Court Community Garden			
	Jubilee Court, Moorside, Consett, DH8 8EH			
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1.30pm – 3.30pm		
Jen Davis- 07586722067		
Alex Laidler- 07435764017		