

Joint Health and Wellbeing Strategy 2021-2025

STARTING WELL

LIVING WELL

AGEING WELL

Our objectives – by 2025 we will aim to:

- Improve healthy life expectancy and reduce the gap within County Durham and between County Durham and England
- We will have a smoke free environment with over 95% of our residents not smoking and an ambition that pregnant women and mothers will not smoke
- Decrease overall levels of unemployment and specifically close the employment gap between the general population and those living with a long term physical or mental health condition, or with a learning disability
- Over 90% of our children aged 4-5 years, and 79% of children aged 10-11 years are of a healthy weight
- Improved mental health and wellbeing evidenced by increased self-reported wellbeing scores and reduced suicide rates
- Increase the number of organisations involved in Better Health at Work Award (to improve health and wellbeing interventions at work)

Delivery plan mechanisms

- County Durham Tobacco dependency in Pregnancy steering group action plan / Tobacco Control Alliance Action Plan
- Children and Young People Mental Health, Emotional Wellbeing and Resilience Local Transformation Plan
- County Durham Commissioning and Delivery Plan 2020-25
- Special Educational Needs and Disabilities Strategic Partnership written statement of action
- Best Start in Life Steering Group action plan
- Oral Health Framework
- Unintentional Injuries Framework
- Healthy Weight Alliance Framework / Healthy Weight Alliance Action Plan / Physical Activity Strategic Framework
- Poverty Action Steering Group Delivery Plan / Poverty Action strategy
- Durham and Tees Valley Mental Health and Learning Disabilities Partnership plan / Mental Health Strategic Plan
- Think Autism in County Durham
- Sexual Health Strategy (when completed)
- Climate Emergency Response Plan
- Housing Strategy
- Falls Prevention Strategy
- Dementia Strategy
- Palliative and End of Life Care Strategy
- Ageing Well Strategy (when completed)